

About Benjamin Paul, M.D.

The son of an eye surgeon and dentist, Dr. Benjamin Paul experienced an early exposure to excellent medical care and detailed surgery. While still in high school, Dr. Benjamin Paul was a semifinalist in the Intel Science Talent Search (formerly Westinghouse Science Talent Search) for his investigation of Attention Deficit Disorder (ADD, ADHD) and eye muscle weakness.

Dr. Benjamin Paul left the east coast for the Midwest where he graduated from the **Honors Program in Medical Education** at **Northwestern University** with a degree in Human Biology. This accelerated honors program accepts students from high school who show great promise in the future of medicine. While an undergrad, Dr. Paul performed groundbreaking research in the Jet Propulsion Laboratory for NASA to improve sensory input on the Mars Rover funded by a grant from the Ford Motor Corporation. He was also a college athlete and won the Scholar-Athlete Award for his talent and academic achievement.

He then continued his education in Chicago at **Northwestern's Feinberg School of Medicine**. He was fortunate to participate in art classes while in medical school, such as Medicine within the Art Institute of Chicago as well as Sculpture for Surgeons. His interest in helping patients through plastic surgery blossomed soon thereafter. Realizing the importance of solving problems and of sharing results, Dr. Benjamin Paul's utilized his research from medical school in Plastic and Reconstructive surgery to publish in two, highly selective journals: *Plastic and Reconstructive Surgery* as well as the *Archives of Surgery*.

Dr. Paul continued his training in New York City, where he completed an internship at **New York University** in general surgery. Following his internship, he cared for the underserved at **Bellevue Hospital**, the military veterans at the **The Manhattan VA Hospital**, as well as private patients at both **Lenox Hill Hospital** and **NYU Langone Medical Center**. His residency continued in Otolaryngology - Head and Neck Surgery where Dr. Benjamin Paul treated patients with diseases of the ears, nose and throat (ENT) including patients with cancer, sinus disease, hearing complaints, balance issues, hoarseness and voice complaints, and sleep disorders.

Dr. Paul choose to master ENT before focusing on facial plastic surgery because he understood that you must have a complete comprehension of each system within the head and neck to property change the form. Dr. Paul greatly accredits his extensive education in ENT for the foundation required to achieve high quality results in facial plastic and reconstructive surgery.

Dr. Benjamin Paul was selected to be a **Chief Resident** in his fifth year of training. While in training, Dr. Benjamin Paul was elected to the inaugural class of the Gold Humanism Honor Society after having donated immense amounts of time and energy to the help the underserved in NYC as well as the impoverished

in Central and South America through medical missions to repair cleft lips, cleft palates, and microtias (external ear malformations or absences). Also during residency, Dr. Paul published 15 articles in major journals solving various problems or sharing surgical techniques in Facial Plastic and Reconstructive Surgery as well as ENT. He was asked to present his work at 29 conferences throughout North America. His groundbreaking research on gene therapy was recognized through the Centralized Otolaryngology Research Efforts (CORE) as worthy of a significant grant to pursue gene therapy to prevent fibrosis (scarring). Following a presentation of this research, Dr. Benjamin Paul was awarded first place in the NYC Metropolitan Otolaryngology Research Competition held at Columbia University in 2013.

On his final day as a chief resident, Dr. Benjamin Paul was given a very special award, The Kelvin Lee Teaching Award, given to a graduating resident in Otolaryngology in appreciation of teaching by the junior residents. Dr. Paul has a strong desire to educate not only his patients but also the future generation of surgeons on the practice of medicine.

Upon completion of residency, Dr. Benjamin Paul was offered to stay at NYU and complete a fellowship certified through the American Academy of Facial Plastic Surgery. It was the first time in over a decade that NYU had kept one of their own residents to fulfill this role. His mentors included Dr. David Rosenberg, Dr. Philip Miller, and Dr. Norman Pastorek, Dr. Matthew White, and Dr. Judy Lee. His time was divided between caring for his own patients, assisting in the private offices, and caring for facial trauma victims in NYC.

Today, Dr. Benjamin Paul has joined forces with Dr. David Rosenberg and Dr. Jessica Lattman to expand the care delivered at the highest level of quality to patients around the globe in New York City.